

New Health Book Available!!!!

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CVC, CVCP, CNHP, CHC

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The wellness program that helps you achieve optimum health physically, emotionally and spiritually! Practical advice that finally helps you live the way the Creator intended.

ANSWERS for people, pets and gardens!



WE DON'T DIE WE KILL OURSELVES

Our Foods Are Killing Us!



A Glance at some of the Chapter Contents

Most diseases are totally PREVENTABLE!

Most "genetic defects" are also PREVENTABLE!
The dark side of Junk food clearly defined.
The dark side of glue & Gluten Grains!

Three "home tests" to help diagnose your allergies.

DIABETES is epidemic and preventable!
Acid Emotions mimic Acid Foods...too much Acid Kills!
The Mind/Body Connection explained.
Our Phobias can be cured at home!

Conquering FEAR & Breaking EMOTIONAL STRONGHOLDS.

Its time for parents & leaders to get involved!
The Bible prescribes authentic answers for our health!
Let "Food be your Medicine"—not your silent killer!
Emergency HOME REMEDIES that work.

You can survive the coming PANDEMICS & PLAGUES!

The TRUTH about "pharmakia", drugs and poisons.
Preventing and treating CANCER in PETS!
Solving stress related illnesses in ANIMALS.
The "revised" Food Pyramid that fits reality.
Four principles of health learned in the jungle.

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